

Race, Culture, and Ethnicity

Articles:

[Responding to Everyday Bigotry](#): This article written by the Southern Poverty Law Center gathered hundreds of stories by everyday people. It shares how to speak up and respond to everyday racism and bigotry -- from hearing it from friends and family members to witnessing it in public as a bystander.

[How White Parents Can Talk to Their Kids About Race](#): A short 10 minute listen and article featured on how White parents can feel empowered to talk to their children more about equity rather than how “all people should be equal.”

[What Exactly is a Microaggression?](#) This Vox articles break down what a microaggression is, an example of what they sound like, how they are harmful, and steps to avoid subjecting others to them.

[Types of Racism](#): Racism can look a multitude of ways and show itself in many different forms. Shoreline Public School District in Shoreline, Washington breaks down each type of racism, how to identify it, and has a list of additional articles to further your education on it.

[Free Speech vs Hate Speech](#): In this 45 minute listen and article by NPR, Podcaster Sam Sanders and author of “[Hate: Why We Should Resist it With Free Speech, Not Censorship](#)” Nandine Strossen discuss the key differences of free speech and hate speech.

Online Op-Eds:

- [George Floyd. Ahmaud Arbery. Breonna Taylor. What do we tell our children?](#)
- [Black Pain, Black Joy, and Racist Fear: Supporting Black Children in a Hostile World](#)
- [Here's Why It Hurts When People Say, “All Lives Matter”](#)
- [My White Friend Asked Me on Facebook to Explain White Privilege. I Decided to Be Honest](#)
- [What if There Were No George Floyd Video?](#)

Podcasts:

[Code Switch](#): “Shereen Marisol Meraji and Gene Demby explore how issues of race and identity manifest in every corner of American culture, from music to poetry to sports. Meraji and Demby

welcome guests for well-informed discussions about everything from how Puerto Ricans identify ethnically to why some people are suspicious of the U.S. Census.”

[Yo, Is this Racist?](#): “Actress and musician Tawny Newsome, writer Andrew Ti, and a weekly guest provide funny-yet-thoughtful responses to voicemails from people wondering whether a given situation is racist. While Newsome and Ti are the first to say they’re not experts, as both people of color and professional comedians, their responses are honest, hilarious, and kind enough to make callers feel like they can ask awkward or even embarrassing questions.”

[Come Through with Rebecca Carroll](#): “Culture writer, editor, and producer Rebecca Carroll sits down with high-profile guests for in-depth chats in the vein of NPR’s *Fresh Air*—but with a focus on race. Notably, Carroll centers herself and her own experiences in the introduction to each interview, setting aside notions of “journalistic objectivity” to unpack issues that inform all of our lives. Past guests include CNN anchor Don Lemon and *White Fragility* author Robin DiAngelo.”

[Seeing White](#): “White folks may feel like we’re being stabbed a little bit when our whiteness is mentioned, because for the most part, we get to go through life imagining that race is something other people have,” says host and producer John Biewen in one episode of his *Seeing White* program for Scene on Radio. Biewen’s 14-part series is an excellent primer on the history of whiteness in America, sharing lesser-known events that will inspire white listeners to see their own place in society with fresh eyes.”

[Asian Enough](#): Hosts Jen Yamato and Frank Shyong interview fellow Asian-Americans in this *L.A. Times* podcast centered around the questions, “Am I Asian enough? Am I American enough?” Guests include actor John Cho, civil rights attorney Rabia Chaudry, and Sung Kang (aka Han from the *Fast and Furious* franchise).”

[Identity Politics](#): “Ikhlas Saleem and Makkah Ali invite guests to share their thoughts on race, culture, gender, and faith. It’s all explored through the lens of being a Black Muslim woman, and it’s a highly informative listen whether or not you identify as the same.”

[Tamarindo](#): “This biweekly podcast brings a Latinx perspective to current events and culture. Hosts Ana Sheila Victorino and Brenda Gonzalez keep it light while being unafraid to tackle thorny topics, as in the episode “How We Hold Bias and What We Can Do About It.””

[Atlanta Monster](#): “From 1979-1981, Black Atlanta residents were terrorized by a killer—or, as some theories hold, killers—responsible for a string of murders that included at least 28 victims, the majority of them Black children. Authorities attribute most of the deaths to a man named Wayne Williams (currently serving time for the murders of two adults), yet questions remain to this day. But *Atlanta Monster* is more than a true-crime podcast. It’s a fascinating Atlanta history lesson on how the city struggled to balance plans for growth against the realities of racial tension, politics, and the city’s marginalized Black communities—and how all of that impeded the search for a child killer.”

Documentaries:

[13th](#): "In this thought-provoking documentary, scholars, activists and politicians analyze the criminalization of African Americans and the U.S. prison boom." (FREE on Netflix)

[Whose Streets?](#): "Told by the activists and leaders who live and breathe this movement for justice, [*Whose Streets?*] is an unflinching look at the Ferguson uprising." (FREE on Hulu)

[I Am Not Your Negro](#): "Director Raoul Peck envisions the book James Baldwin never finished, [*Remember This House*]. It is a journey into black history that connects the Civil Rights movement to #BlackLivesMatter. It questions black representation in Hollywood and beyond." (FREE on Amazon Prime)

[The African Americans: Many Rivers to Cross](#): "This six-hour PBS series explores the evolution of the African-American people, as well as the multiplicity of cultural institutions, political strategies, and religious and social perspectives they developed — forging their own history, culture and society against unimaginable odds." (FREE on Amazon Prime)

[What Happened, Miss Simone?](#): "Nina Simone achieved fame, fortune and legend status. But she wanted more: She wanted equality." (FREE on Netflix)

[Strong Island](#): "The forces of family, grief and racial injustice converge in this Oscar-nominated documentary exploring the murder of filmmaker Yance Ford's brother." (FREE on Netflix)

[The Lovings Story](#): "Meet the Lovings: an interracial couple who had to go all the way to the Supreme Court to be together. ... Convicted on felony charges and banished from the state, the couple began a nine-year odyssey to get back to their friends and family." (FREE with HBO Go)

[Teach Us All](#): "It's been decades since *Brown v. Board of Education*, yet American schools remain largely segregated. Some leaders are working to change that." (FREE on Netflix)

[The Death and Life of Marsha P. Johnson](#): "As she fights the tide of violence against trans women, activist Victoria Cruz probes the suspicious 1992 death of her friend Marsha P. Johnson." (FREE on Netflix)

[Just Mercy](#): "A powerful true story that follows young lawyer Bryan Stevenson and his battle for justice as he defends a man sentenced to death despite evidence proving his innocence." (FREE on Amazon Prime)

Ted Talks:

[Is My Skin Brown Because I Drank Chocolate Milk?:](#) “When her 3-year-old son told her that a classmate told him that his skin was brown because he drank chocolate milk, Dr. Tatum, former president of Spelman College and a visiting scholar at Stanford’s Haas Center for Public Service, was surprised.”

[How to recognize your white privilege -- and use it to fight inequality:](#) “Many of us believe that we’re living in a meritocracy, deserving of what we have and compassionate toward those with less. But that’s not true: white people have been given a headstart and ongoing advantages due to the color of their skin, while people of color suffer from equally arbitrary disadvantages, says scholar and activist Peggy McIntosh. She explains what led her to recognize her privilege — and how it can be used by those with power to ensure a fairer life for others.”

[No. You Cannot Touch my Hair!:](#) “Through her own personal story and the hair-raising experiences of other women and girls, Mena Fombo’s TEDxBristol talk is a witty, yet compelling and sometimes dark exploration of the objectification of black women. It’s an issue she has spent a lifetime experiencing and exploring, with both a political and creative lens. “

3,000+ more TedTalks on Race offered [here](#).

Books:

[How To Be an Anti-Racist:](#) “Antiracism is a transformative concept that reorients and reenergizes the conversation about racism--and, even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other. At its core, racism is a powerful system that creates false hierarchies of human value; its warped logic extends beyond race, from the way we regard people of different ethnicities or skin colors to the way we treat people of different sexes, gender identities, and body types.”

[White Fragility: Why it’s so Hard For White People To Talk About Racism:](#) “In this “vital, necessary, and beautiful book” (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and “allows us to understand racism as a practice not restricted to ‘bad people’ (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.”

[So You Want To Talk About Race](#): “In *So You Want to Talk About Race*, Ijeoma Oluo guides readers of all races through subjects ranging from intersectionality and affirmative action to “model minorities” in an attempt to make the seemingly impossible possible: honest conversations about race and racism, and how they infect almost every aspect of American life.”

Many more book suggestions [here](#).